



# Canton Land Conservation Trust, Inc

## MEMBER NEWSLETTER SPRING, 1996

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### HIKE THE TRAILS

By Shirley Sutton

You have just received the new "Properties and Trails of the Canton Land Conservation Trust" booklet and want to hike the trails. GREAT! But first, some things you should know.

- ◆ The Trust's trails have been blazed with paint, rather than cuts in trees, to protect the health of those trees. Similar to other Connecticut hiking trails, the marks indicate the direction of travel. Two marks, one directly above the other is the beginning or end of a trail. Two marks, the top one slightly to the left, signals a left turn--the top one slightly to the right, signals a right turn. A single mark means continue in this direction. Although all the trails do not follow this design at this time, it is expected that this will be the case within two years.
- ◆ Side trails and woods roads are visible from the Trust's trails and sometime confuse the hiker. If you lose sight of a mark or the trail, turn back and retrace your steps until you locate the correct path. Stay on marked trails as private property sometimes borders the trails and at some points property owners have granted a limited right-of-way across their property.
- ◆ A general rule of thumb for hiking time is two miles per hour. Add extra time for uphill climbs, snacks, wildlife encounters, etc. **KNOW YOUR LIMITS.**
- ◆ Dress appropriately with sturdy sneakers or hiking boots. Two pairs of socks, worn comfortably, will help prevent blisters. Be prepared for wind, rain, and cold. Hypothermia may happen at 50 degrees.

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## New Directors

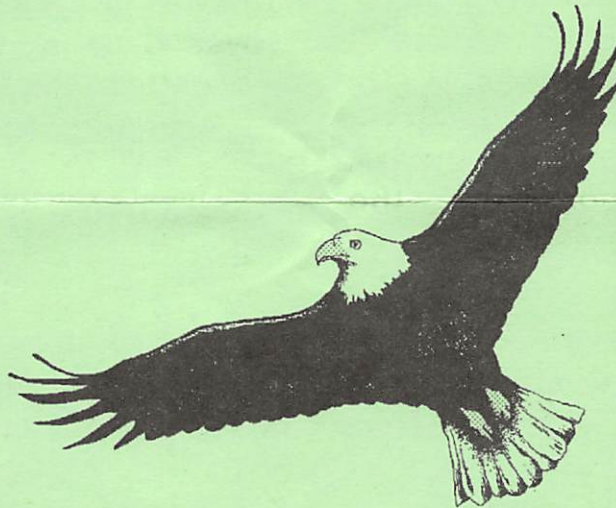
The success of the Trust depends on the willingness of our members and directors to contribute the necessary time and resources to sustain it. Four new directors have been elected to our board in the past year.

**BALDWIN TERRY** has been a resident of Canton for thirty-three years. He and his wife, Lane, live on Morgan Road. "Bunny" is treasurer of the Trust and has previously served the town as a member of the Board of Finance and as Fire Commissioner and crew member of the North Canton Volunteer Fire Department. He is Director of Marketing for Northington Partners, Inc. in Avon.

**SHIRLEY SUTTON** lives in Canton Center with her husband, Ken. She has been a resident of the town since 1953 and has served as the Director of Christian Education and Youth at the Canton Center First Congregational Church for twenty years. Shirley is a member of the Appalachian Mountain Club and the Connecticut Forest and Parks Association. She serves as interpreter at the Peoples ForestStore Museum and as a

volunteer maintenance worker at the Peoples Forest. She is a ropes course facilitator at Renbrook School and at the Pine Lakes Challenge Course in Bristol. Shirley is the Trust's "trail-blazer".

**JOHN PECH** and his wife, Alison, have lived in Canton for seven years. John is a service engineer with Hamilton Standard. Alison is a teacher and serves as a summer instructor at Roaring Brook Nature Center. John has contributed a great deal of time and effort at our Christmas tree farm. He is currently doing the preliminary investigative background work on a property which has recently been offered to the Trust.



**ELENOR SMITH** lives on Breezy Hill Road with her husband, Larry. They have been Canton residents for thirty-five years and have four grown children and seven grandchildren. She has a life long interest in preserving and caring for the land. Raising horses for many years has provided invaluable experience about the business of animal raising and land use.

## HIKE THE TRAILS

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- ◆ Leave a note at home of your destination and approximate return time. Do NOT leave a note on your vehicle.
- ◆ Carry a whistle. Three short blasts are a distress signal.
- ◆ Items you may want to carry in a back or fanny pack include: flashlight, sunglasses, sunscreen, field glasses, warm hat, warm gloves, packable rain poncho or garbage bag "raincoat", extra socks, first aid supplies, snack, copy of the Trust's trails.
- ◆ Carry your own water as drinking from any trail side source is risky.
- ◆ Help maintain the trails by moving small blowdowns out of the path.
- ◆ Carry out all that you carry in. Take only pictures and leave only footprints.
- ◆ Hikers use the trails at their own risk.

To be a part of the trail crew, contact Shirley Sutton at 693-4067.

**ENJOY THE TRAILS!**

## Land Trust Hand Book

The Directors of the Canton Land Conservation Trust are very excited by their recently published handbook. Included in the handbook are descriptions of all Land Trust holdings and hiking trails as well as a history of the Land Trust and an overview of Canton's landscape. The book represents a lot of work. While many individuals contributed their time and effort, particular thanks must go to Jay Kaplan, who wrote the majority of the handbook. Unfortunately, no mention was made in the handbook of Shirley Sutton's work in creating the maps of the hiking trails. The Directors are most appreciative of her work and we're sure all hikers will be also.

If you, as a current member of the CLCT, would like a copy of the Handbook, please fill in the tear off sheet and send it to P.O. Box 10, Canton Center, CT 06020.

Please send a CLCT Handbook to:

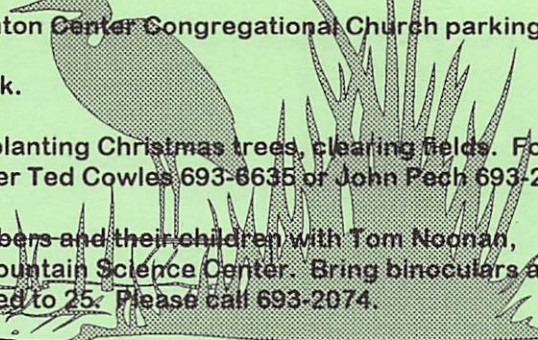
NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

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## PUT ON YOUR CALENDAR

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- April 13, 9 a.m. Light trail work. Meet at Canton Center Congregational Church parking lot. Bring clippers and gloves.
- April 14, 1 p.m. RAIN DATE for light trail work.
- May 11, 9 a.m. Smith Farm--planting, transplanting Christmas trees, clearing fields. For further information, call either Ted Cowles 693-6635 or John Pech 693-2880
- May 19, 8 a.m. Spring wildlife walk for members and their children with Tom Noonan, Biology teacher at Talcott Mountain Science Center. Bring binoculars and appropriate footwear. Limited to 25. Please call 693-2074.
- June 8 FRWA -- River Splash
- June 15, 9 a.m. Clean up--Smith Farm
- June 16, 4 p.m. Hike, Cookout and Annual Meeting--Smith Farm.
- July Workday--Smith Farm-- for further information on these workdays,  
August Workday--Smith Farm-- call Ted Cowles 693-6635 or John Pech,  
September Workday--Smith Farm-- 693-2880.
- September 21 Sam Collins Day
- Oct. 20, 1:30 p.m. Roaring Brook Nature Center, Ray Pena returns with his lecture and demonstration with raptors.

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